

# A Systematic Review of Stated Preference Experiments in Tobacco Research

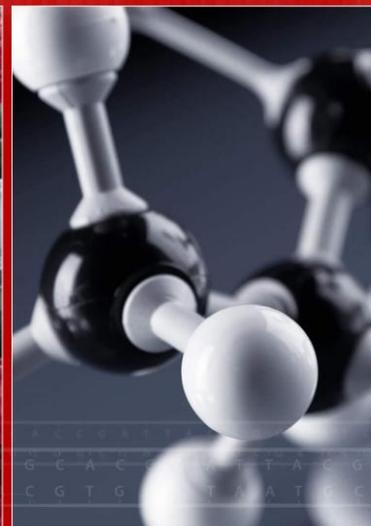
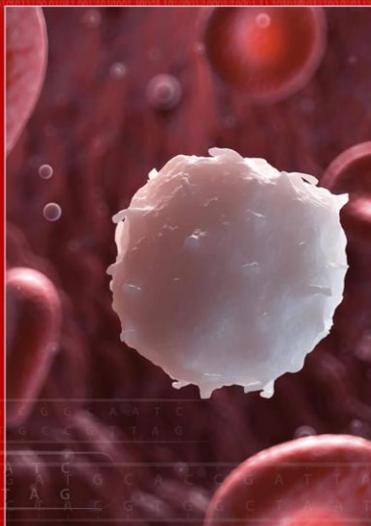
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## Disclosure

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The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health (NIH).

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The authors declare no conflicts of interest.

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# BACKGROUND & REVIEW QUESTIONS



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## Background & Motivation

Stated preference experiments have been increasingly used in tobacco research to address the needs for evaluating policies regulating emerging products

### Revealed preference observational data



- Real world behavior
- Existing policies
- Subject to limitations : lack of variation, confounding

### Stated preference experiments



- hypothetical behavior
- Novel products with low prevalence and new policies not implemented
- Address lack of variation, confounding, low reporting/prevalence

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# Background

Various experimental methods based on hypothetical choices:

- Discrete Choice Experiment (DCE)
- Best-Worst Scaling (BWS)
  - BWS-DCE
- Experimental Tobacco Marketplace (ETM)
- Hypothetical Purchase Task (explore consumption of one product in response to a wide range of price variations, not included)

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# Example of a tobacco discrete choice experiment

Appendix A: Example of choice set

	Characteristics	Disposable e-cigarette	Rechargeable e-cigarette	Tobacco cigarette
				
\$	Price for the equivalent of 20 tobacco cigarettes (400 puffs)	\$5 per e-cigarette	\$8 per refill	[respondent self-reported price] per pack
	Price of the starter kit	\$0 (no kit needed)	\$20	\$0 (no kit needed)
	Are you allowed to smoke the cigarette in public places (restaurants, bars, workplaces, and shopping malls)?	No	Yes	No
	Is this cigarette healthier than tobacco cigarettes?	Yes	No	No
	Does this cigarette help you quit smoking tobacco cigarettes?	No	Yes	No
<b>YOU CHOOSE</b>	Please mark which cigarette type you would buy (CHOOSE ONLY ONE):	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Notes: In the choice sets presented to respondents in our DCE we used the term 'tobacco cigarette' as we believe that this terminology is more familiar to smokers than 'tobacco cigarette'.

Source: Marti et al. 2016 Economic Inquiry

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# Example of a tobacco best-worst scaling

Please imagine this is a new e-cigarette that has just become available for purchase. When you look at the 5 features of the e-cigarette, which feature makes you most want to use the e-cigarette and which feature makes you least want to use the e-cigarette.

(1 of 19)

PICK ONE FROM EACH COLUMN

E-cigarette	Most makes me want to use	Least makes me want to use
\$5 one-time purchase	<input type="radio"/>	<input type="radio"/>
It cannot be modified	<input type="radio"/>	<input type="radio"/>
Does not help me breathe easier AND still makes my clothes smell like tobacco	<input type="radio"/>	<input type="radio"/>
5 of 10 people are able to quit tobacco cigarettes	<input type="radio"/>	<input type="radio"/>
Somewhat similar in size, weight appearance, and feel to a tobacco cigarette	<input type="radio"/>	<input type="radio"/>

Click the forward arrow button to continue...



0%  100%

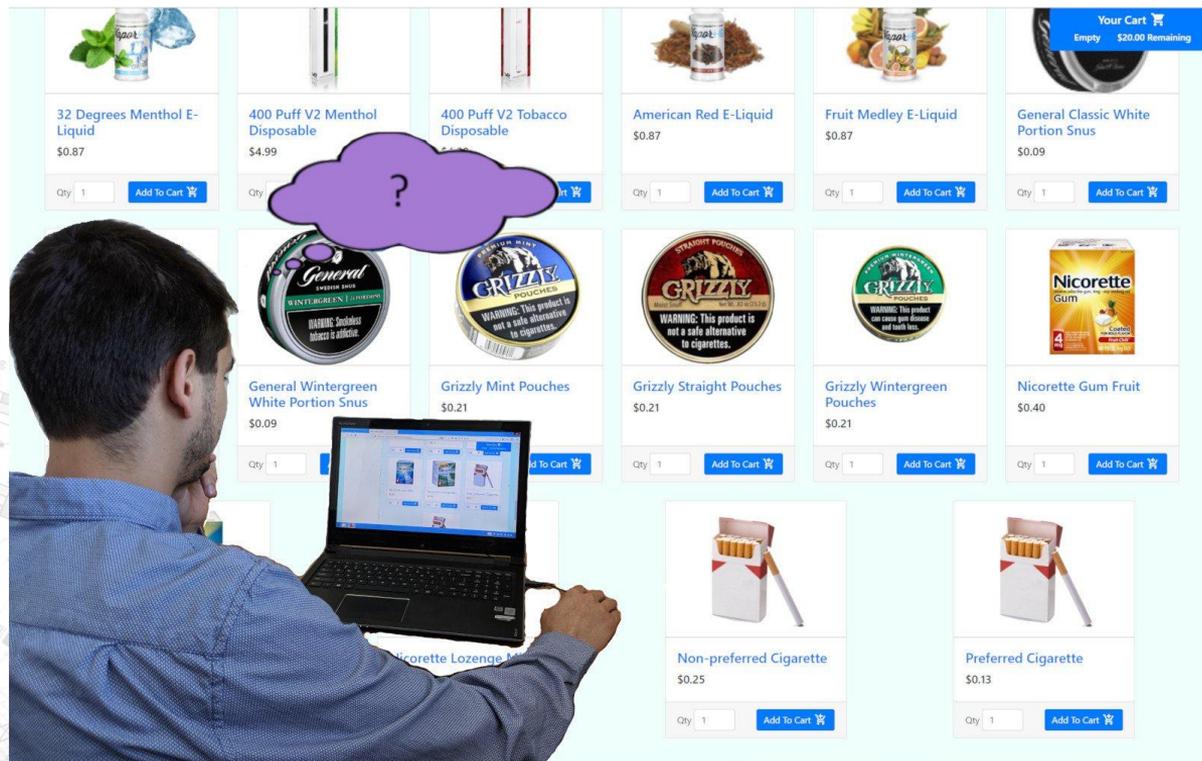
Source: Kistler et al. 2019 BMJ Open

Case 2

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# Example of an experimental tobacco marketplace



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Source: SRNT-U

## Previous Review Studies

### Discrete Choice Experiment (DCE) (Clark et al. 2014; Regmi et al. 2018; Soekhai et al. 2019; Nouwens et al. 2025)

- The number of studies grew rapidly in the last decade
- An ideal tool to inform regulatory policies, but with limitations such as inconsistency in design and report and hypothetical bias
- Regmi et al. 2018 specific to tobacco

### Best-Worst Scaling (BWS, BWS & DCE) (Cheung et al. 2016; Whitty and Gonçalves 2018; Hollin et al. 2022; Schuster et al. 2024)

- Becoming a mainstream prioritization method
- No BWS review focusing on tobacco only

### Experimental Tobacco Marketplace (ETM) (Bickel et al. 2018)

- An emerging method to explore the conditions where various tobacco products may interact with one another
- Specific to tobacco, some applications in cannabis and alcohol

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# Motivation & Review Questions

It is time to conduct a systematic review of various tobacco experiments because

- Existing reviews are either not specific to tobacco or outdated
- Increasing number of tobacco experiments in the literature

## Questions

- Summarize terminologies and practices of various experiments
- Identify similarities and differences between experimental methods
- Assess the quality and risks for bias in these experiments
- Assess their policy relevance and impact
- Develop a guideline for tobacco experiments

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# METHODS



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# Methods – Systematic Review Protocol

## Protocol development

- Use PRISMA (Preferred Reporting Items for Systematic reviews and Meta-Analyses) guidelines
- Registration with PROSPERO (CRD42023447255)

## Search strategy

- Search databases: Web of Science, Scopus, EconLit, and PubMed
- [Searching terminology](#)
- Last searched on August 31, 2023

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# Methods – Eligibility criteria

## Inclusion criteria

- Written in the English language
- Stated-preference experiment studies on purchasing decisions related to tobacco products
- Choice experiments relevant to the regulation of tobacco marketplaces.

## Exclusion criteria

- Revealed-preference studies, secondary data analyses, qualitative studies, case studies, commentaries, and reviews
- Studies that used simulated data or without human subjects/participants
- Studies not about purchasing decisions related to tobacco products or with findings that were not relevant to the tobacco marketplace regulation
- Studies where tobacco products were treated as an attribute or studies focusing only on tobacco cessation treatments.

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# Methods – Study Screening

## Double coding process

Inter-rater Reliability  
(Average Cohen's Kappa)

### 1 Title & Abstract Review:



2 Reviewers

Decision rule: Group Consensus



0.733

### 2 Full-text Review:



4 Reviewers

Decision rule: Majority Rule



0.768

### 3 Quality Check



Post Full-text Review Verification

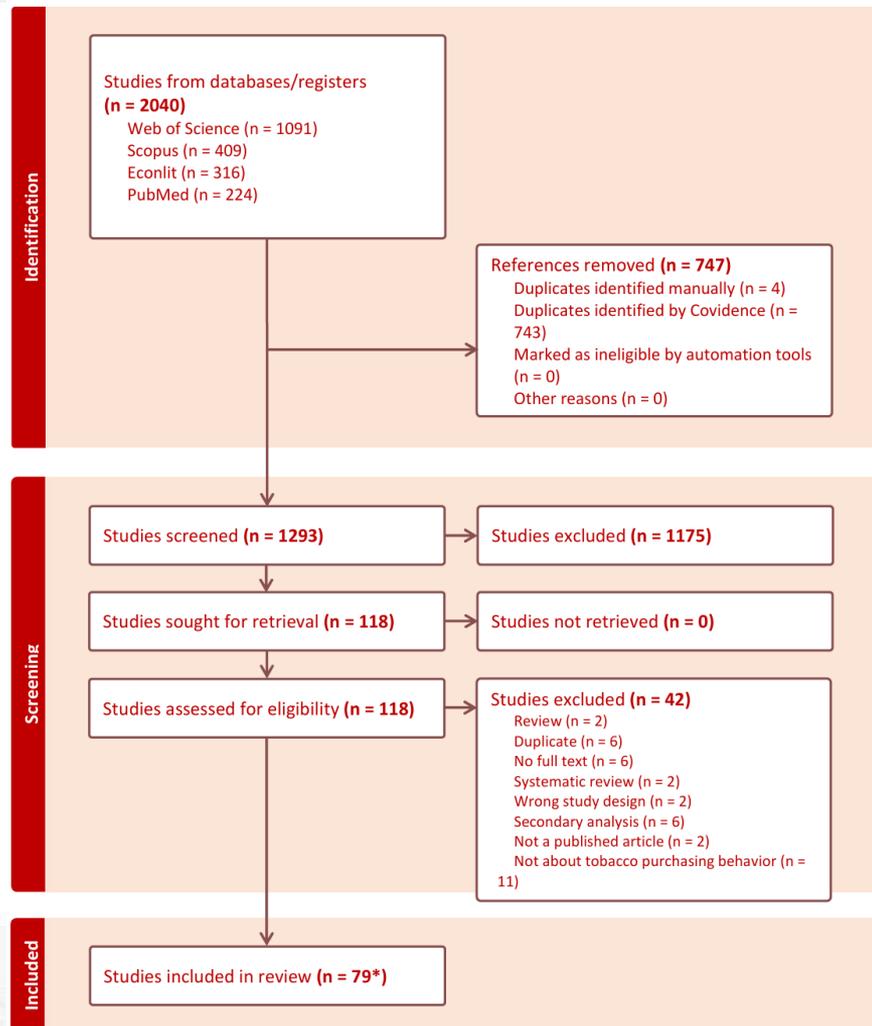
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# Search Results

Final analysis comprised

- 79 papers
- 94 experiments

Notes: \**Smokers are different: The impact of price increases on smoking reduction and downtrading* was excluded during the identification period because it was not published but included after it was officially published. Since *The Role of Flavor in Electronic Cigarette Use and Appeal* (chapter 4 and 5) and *Using Discrete Choice Experiments to Investigate the Influence of Context on Product Choice* (chapter 2 and 3) have multiple studies, we regard them as separate papers.



Identification

Screening

Included

Studies from databases/registers  
(n = 2040)  
Web of Science (n = 1091)  
Scopus (n = 409)  
Econlit (n = 316)  
PubMed (n = 224)

References removed (n = 747)  
Duplicates identified manually (n = 4)  
Duplicates identified by Covidence (n = 743)  
Marked as ineligible by automation tools (n = 0)  
Other reasons (n = 0)

Studies screened (n = 1293)

Studies excluded (n = 1175)

Studies sought for retrieval (n = 118)

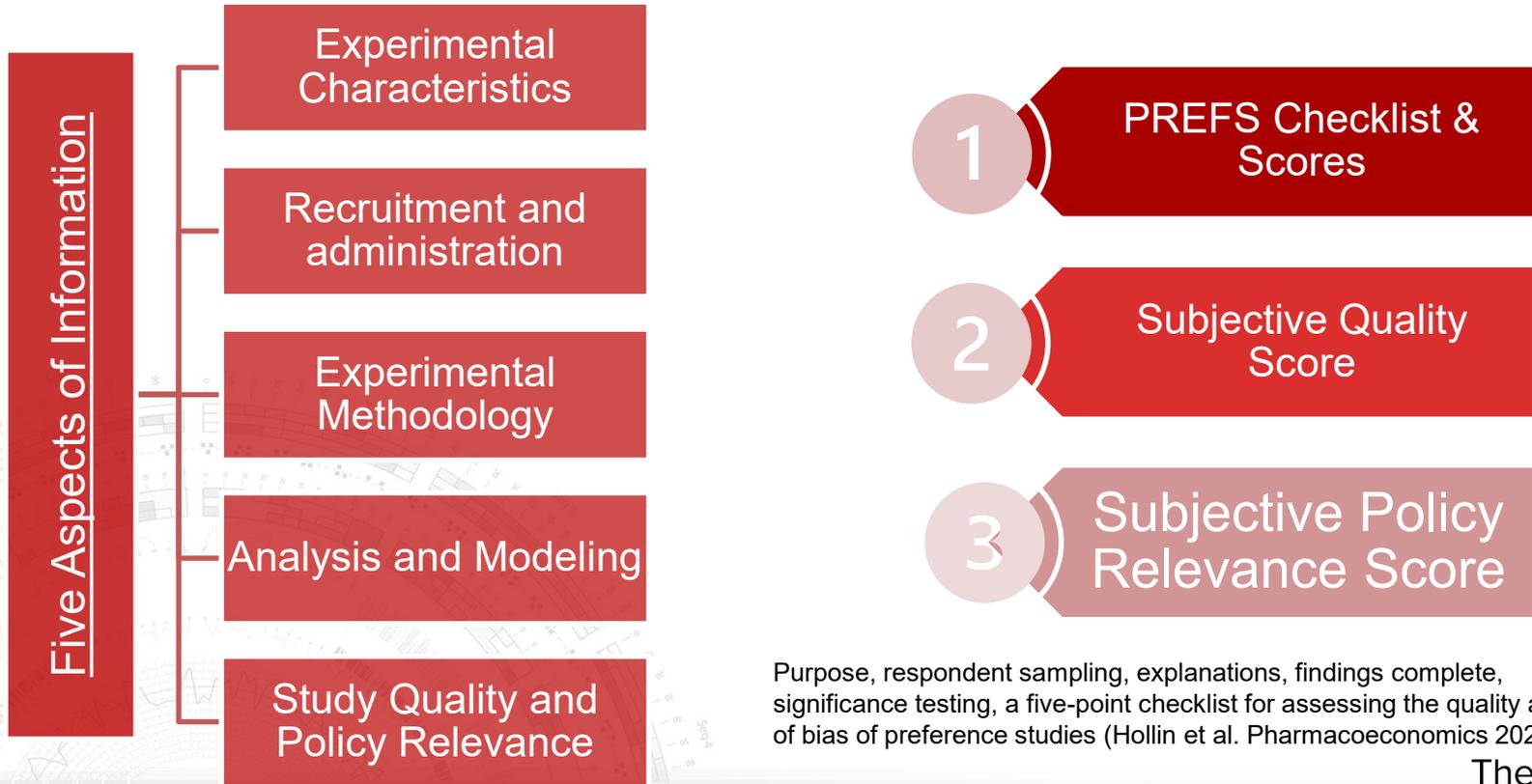
Studies not retrieved (n = 0)

Studies assessed for eligibility (n = 118)

Studies excluded (n = 42)  
Review (n = 2)  
Duplicate (n = 6)  
No full text (n = 6)  
Systematic review (n = 2)  
Wrong study design (n = 2)  
Secondary analysis (n = 6)  
Not a published article (n = 2)  
Not about tobacco purchasing behavior (n = 11)

Studies included in review (n = 79\*)

# Methods – Data Extraction and Quality assessment



Purpose, respondent sampling, explanations, findings complete, significance testing, a five-point checklist for assessing the quality and risk of bias of preference studies (Hollin et al. Pharmacoeconomics 2022)

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# RESULTS- Characteristics/Administration



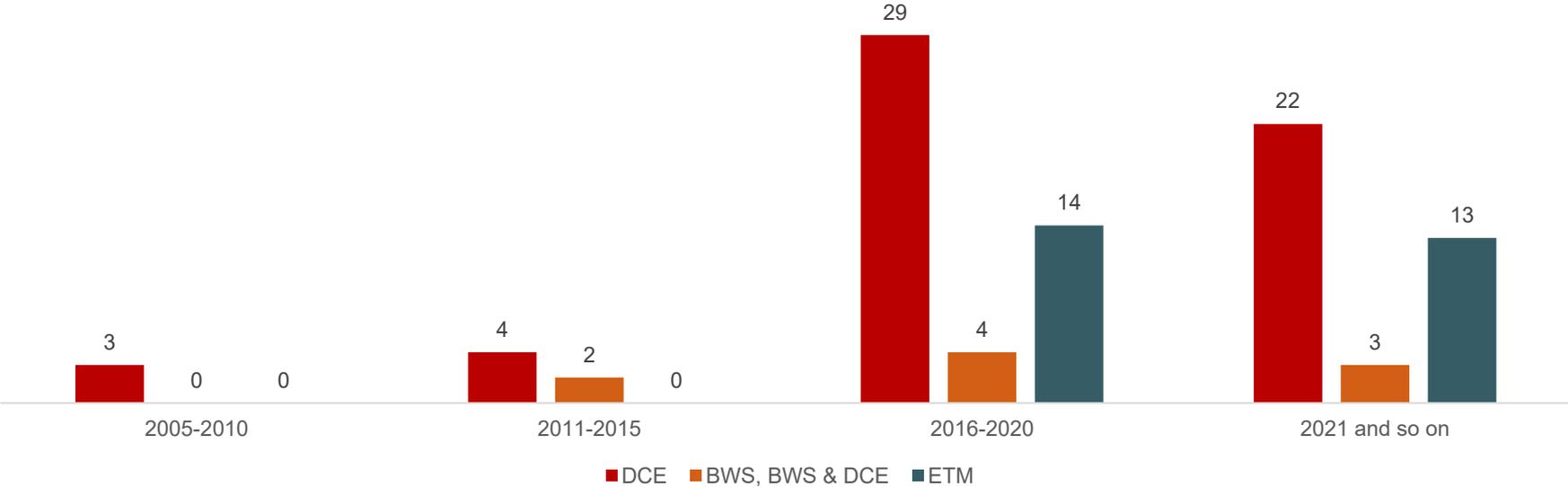
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# Results – Publication Trend

Number of Studies by Study type, 2005-2023

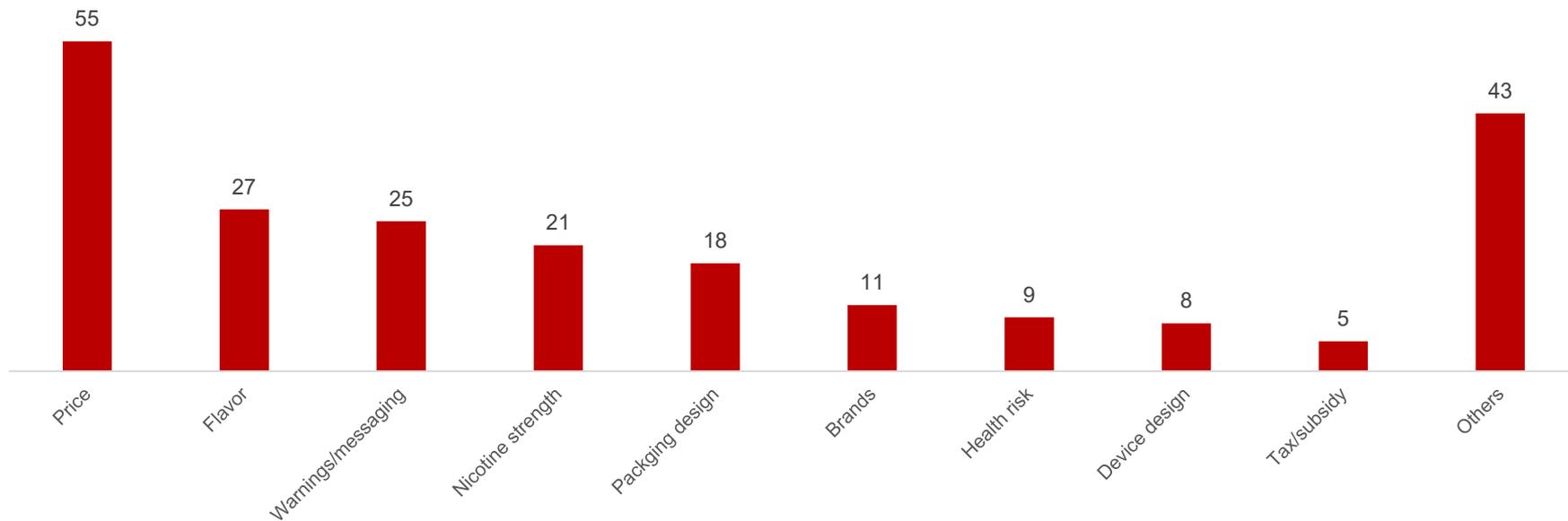


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# Results – Product focus

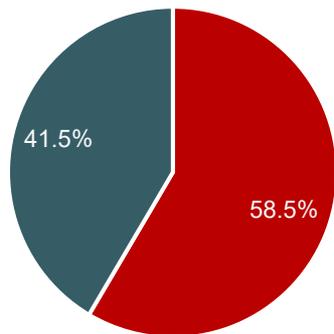
Number of Studies by tobacco features and regulations



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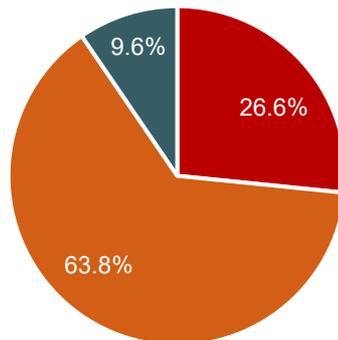
# Results – Sampling Characteristics

Country



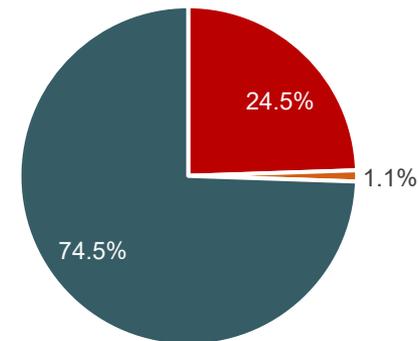
■ US ■ Non-US

Age



■ Youth & Young Adult (<34) ■ Older Adult ■ Not specified

Tobacco use



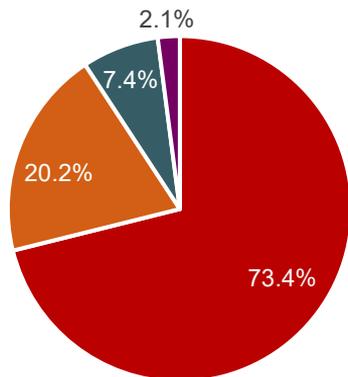
■ Both ■ Non-tobacco users ■ Tobacco users

N=94	Mean (SD)	Min/max
Sample size	725(903)	20/5,284

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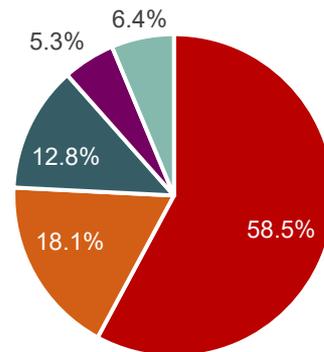
# Results – Recruitment and administration

Sample Size Justified (n=94)



- Not specified
- Sample size calculation
- Historical/Empirical justification
- Other

Administration (n=94)



- Self-completed online
- Self-completed computer
- Interviewer administered
- Self-completed paper
- Not specified

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# RESULTS-Experimental methods



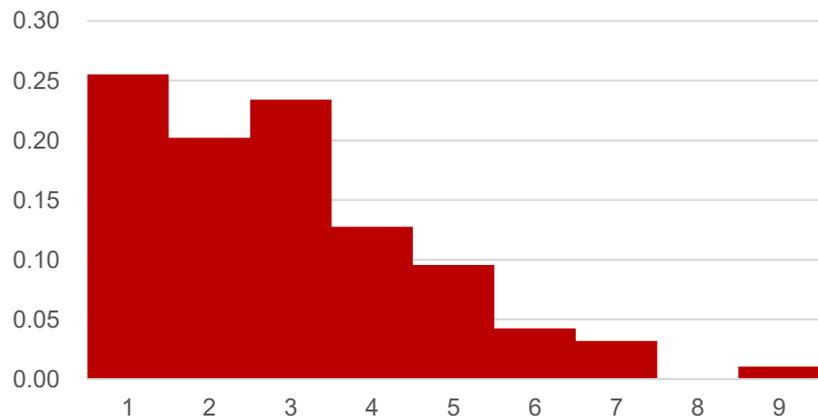
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# Results – Experimental Settings

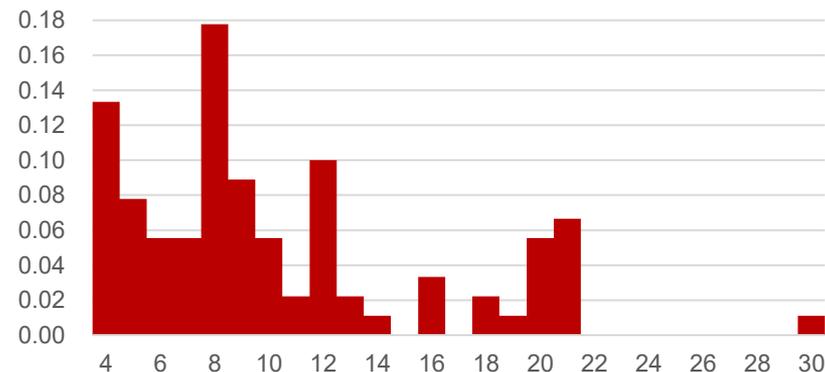
## Complexity

Density of Number of Attributes (n = 94)



## Participant burden

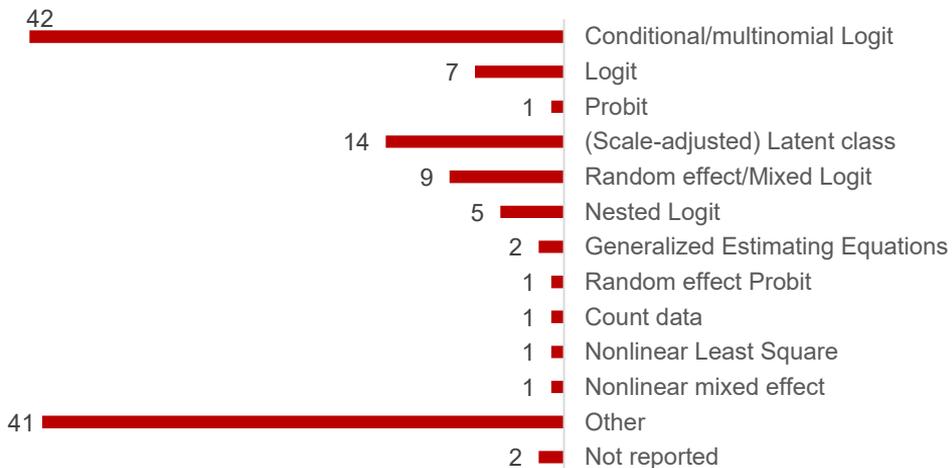
Density of Number of Tasks/Person (n = 90)



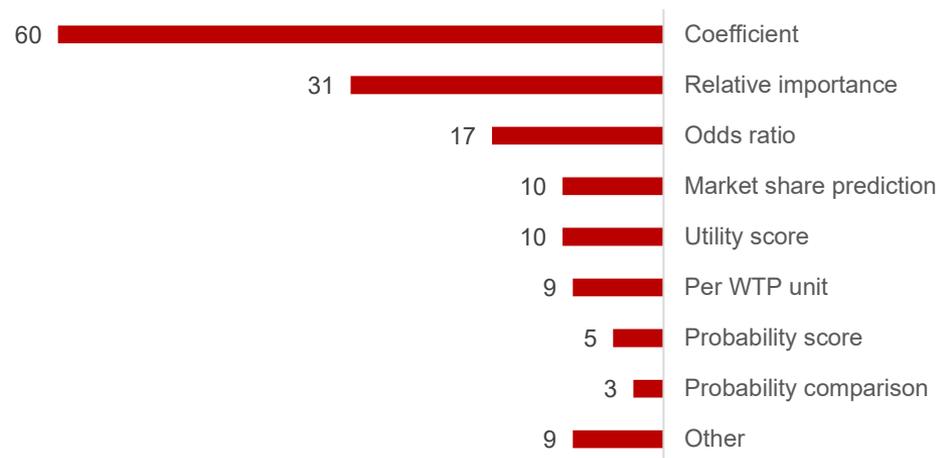
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# Results – Analytical Methods

Analysis Model



Outcome Measure

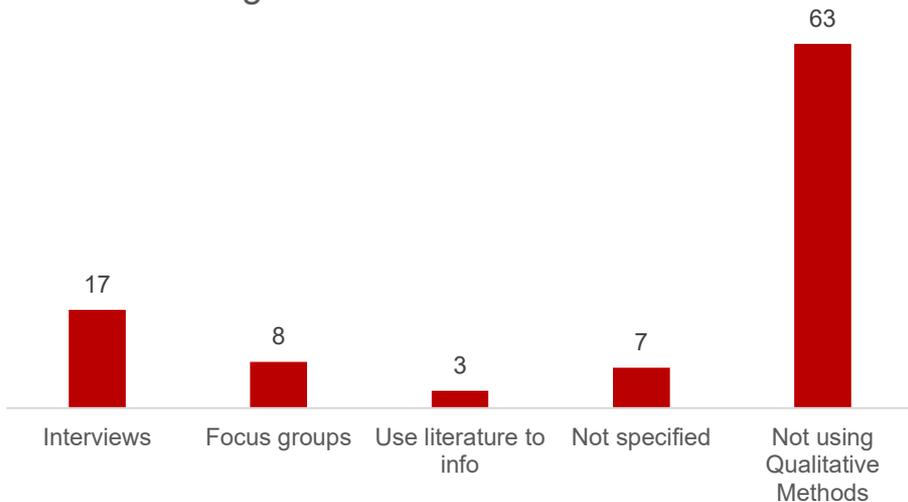


- Repeated measures from same individuals and hierarchical nature of experimental data

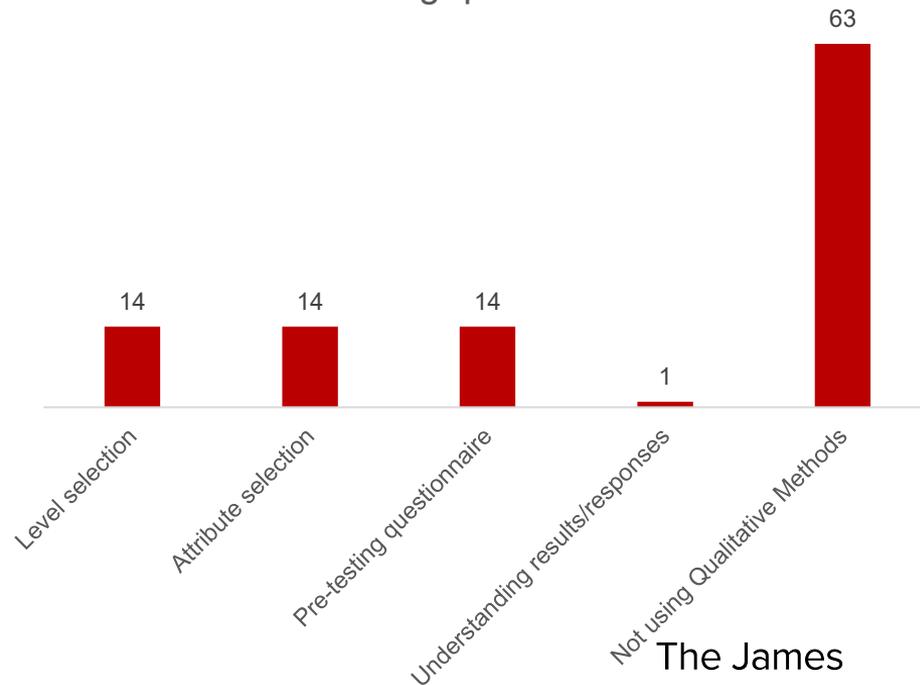
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# Results – Experimental Methodology

## Integration of Qualitative Methods



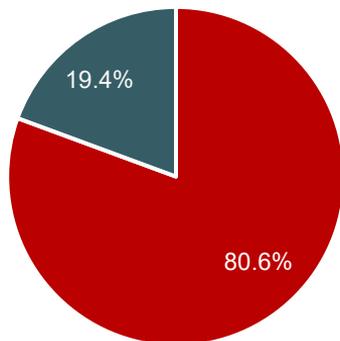
## Rationale using qualitative methods



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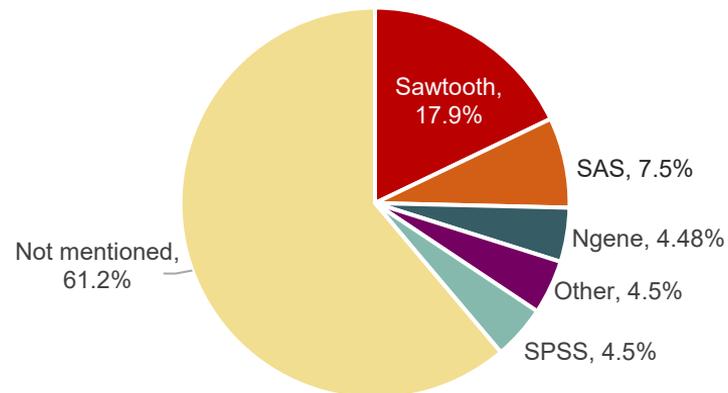
# Results – Experimental Methodology

Design Plan



- Main effects only
- Main effects and two-way interaction

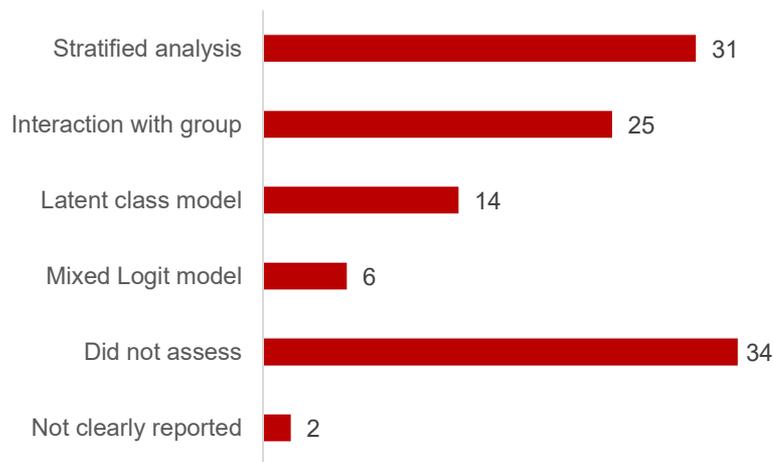
Design Software (DCE/BWS only)



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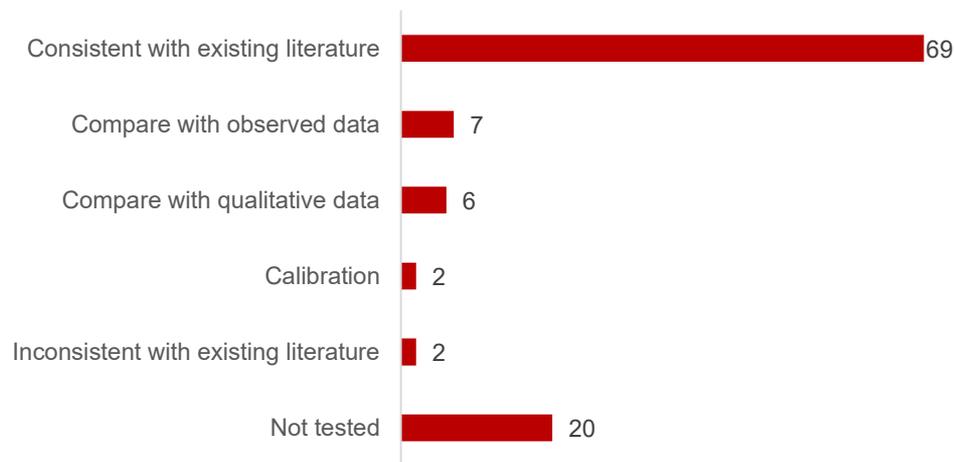
# Results – Additional approaches to validate data

## Assess Heterogeneity



Ability to comprehensively assess heterogeneity with repeated measures

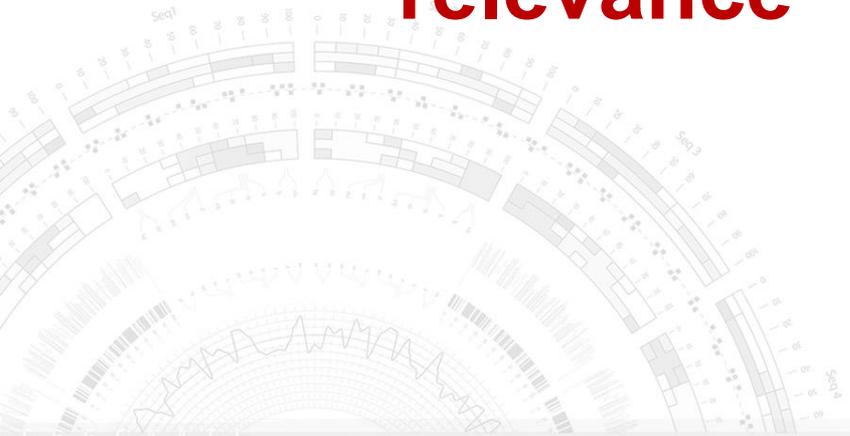
## External validity tested



Address hypothetical biases and integrate different data

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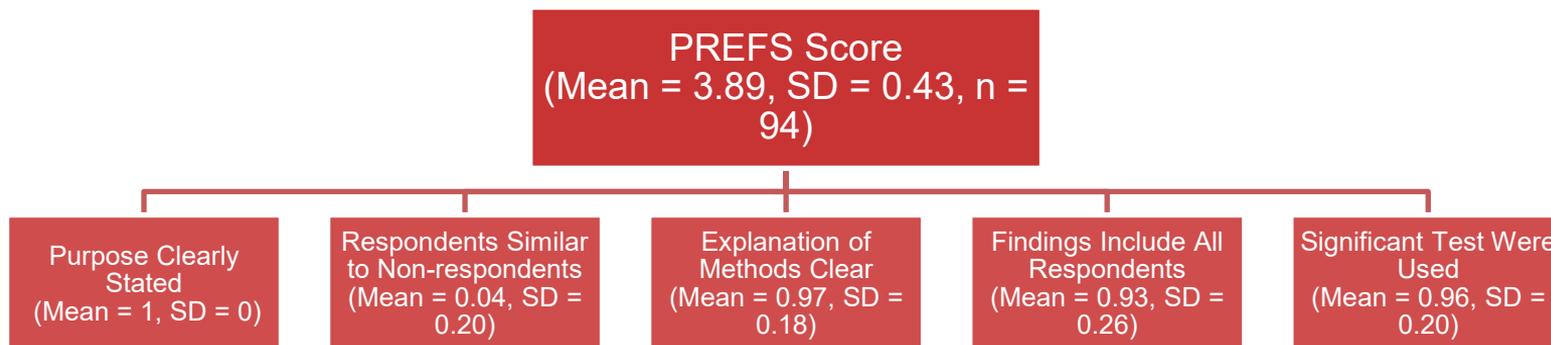
# RESULTS-Quality and policy relevance



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# Results – Assessment of Study Quality and Policy Relevance

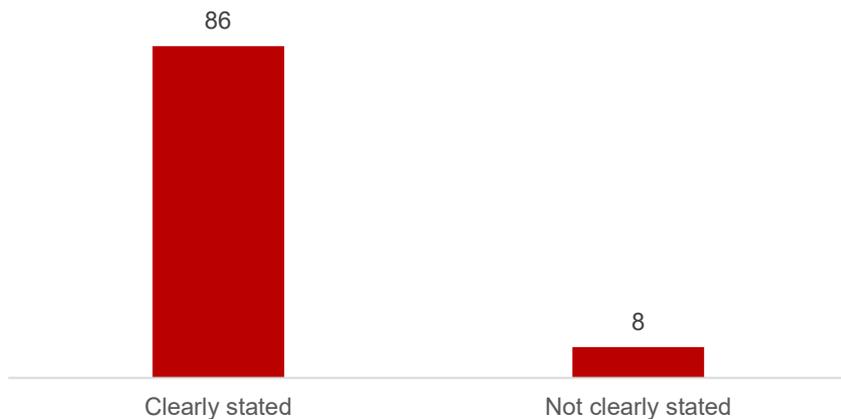


Purpose, respondent sampling, explanations, findings complete, significance testing, a five-point checklist for assessing the quality and risk of bias of preference studies (Hollin et al. Pharmacoeconomics 2022)

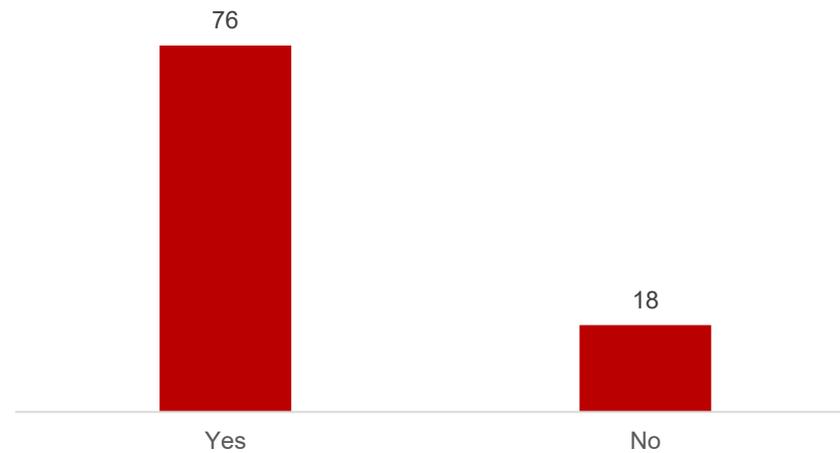
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# Results – Assessment of Study Quality and Policy Relevance

Policy Statement



FDA Research Priority



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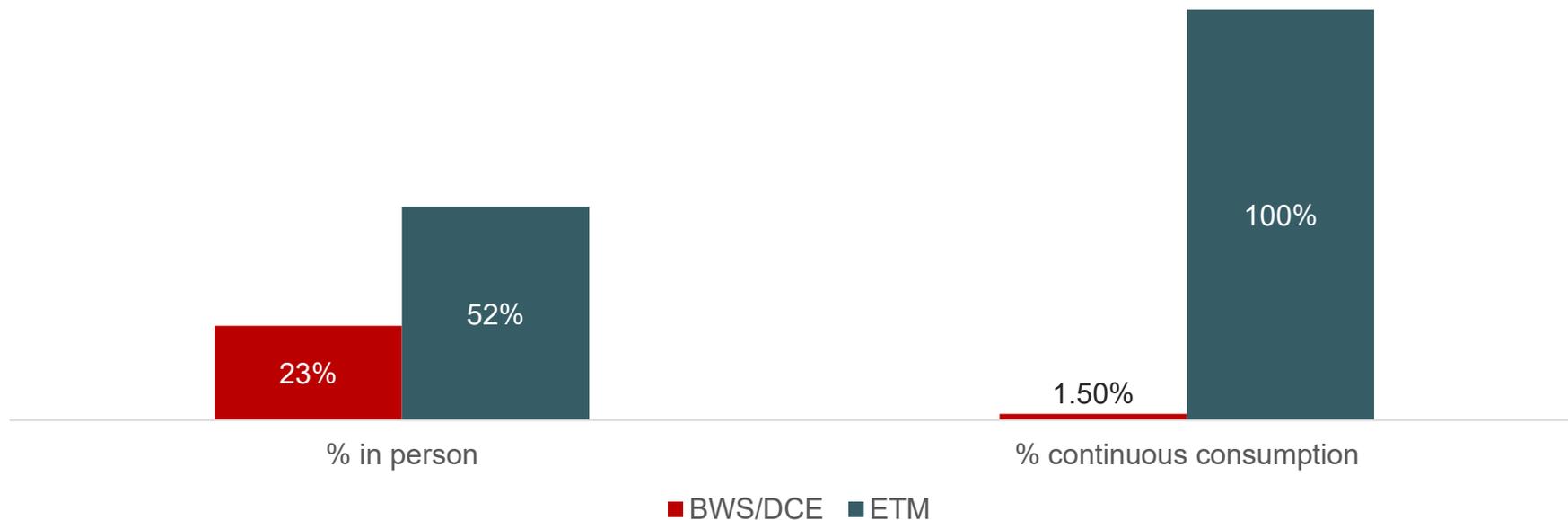
# RESULTS-Comparison between experimental methods



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# Differences between ETM and BWS/DCE

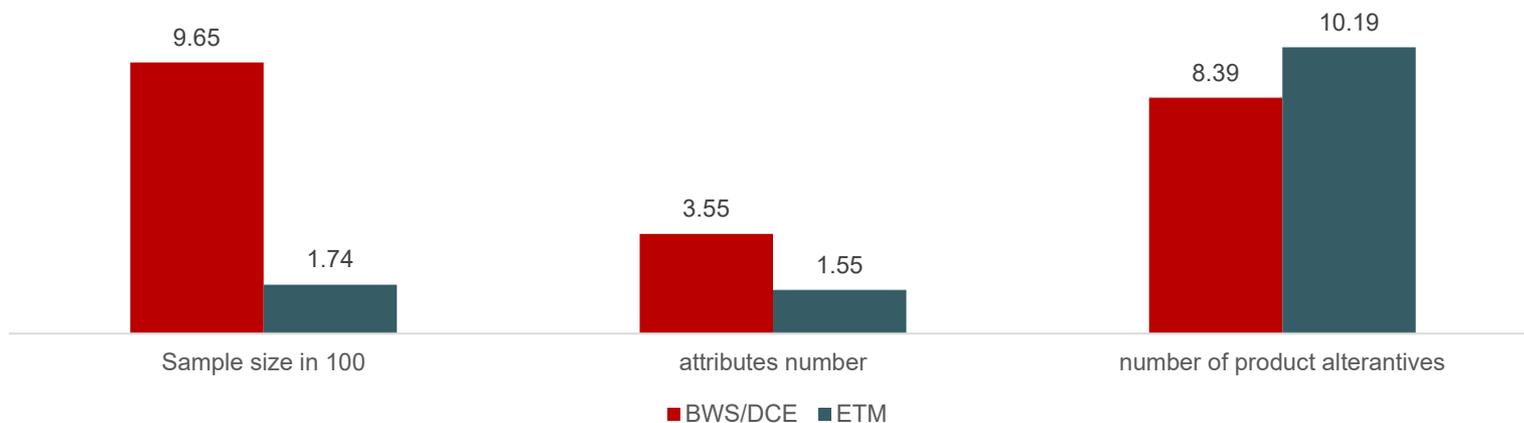
Differences in administration and outcome ( $p < 0.05$ )



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# Differences between ETM and BWS/DCE

Differences in design ( $p < 0.05$ )



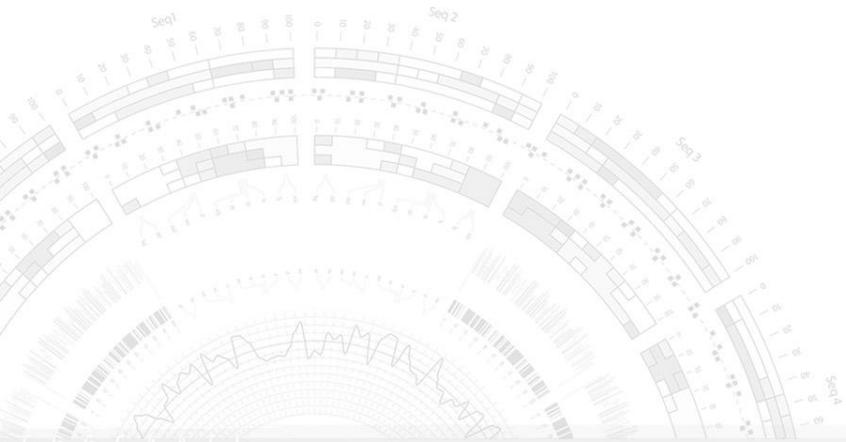
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# Convergence between BWS/VCE and ETM

- Both can be administered online to obtain large sample sizes or conducted in person with additional sessions of using real products
- Both within and between subject variations can be built into BWS/VCE and ETM (e.g., most ETMs and split-sample choice experiments utilize between-subject randomizations)
- Both volumetric choice experiments and ETMs elicit consumption units or measures
- Both methods can contain a wide range of opt-out or status quo product options

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# CONCLUSIONS



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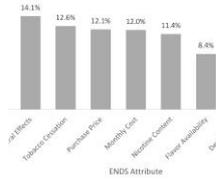
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## Conclusions

- DCEs and BWS/DCE contain more product attributes and have larger sample sizes
- ETM is more likely to be administered in person and can contain more tobacco products.
- Areas that call for improvement include needs to use qualitative data to design and interpret experimental data, assess heterogeneity in data, test external validity, and report comparable measures and outcomes.
- Significant differences in experimental methods provide an opportunity to address different research needs but also present a challenge for harmonizing data.

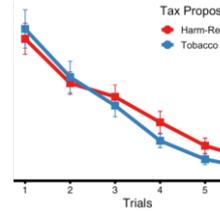
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# Which experimental methods fit you research needs?



DCE/BWS

- More manipulations
- Large sample online
- Within subject
- Price is not necessary
- Binary choice



ETM

- More products
- In lab with real spending/products
- Between subject
- Price is always included
- Consumption

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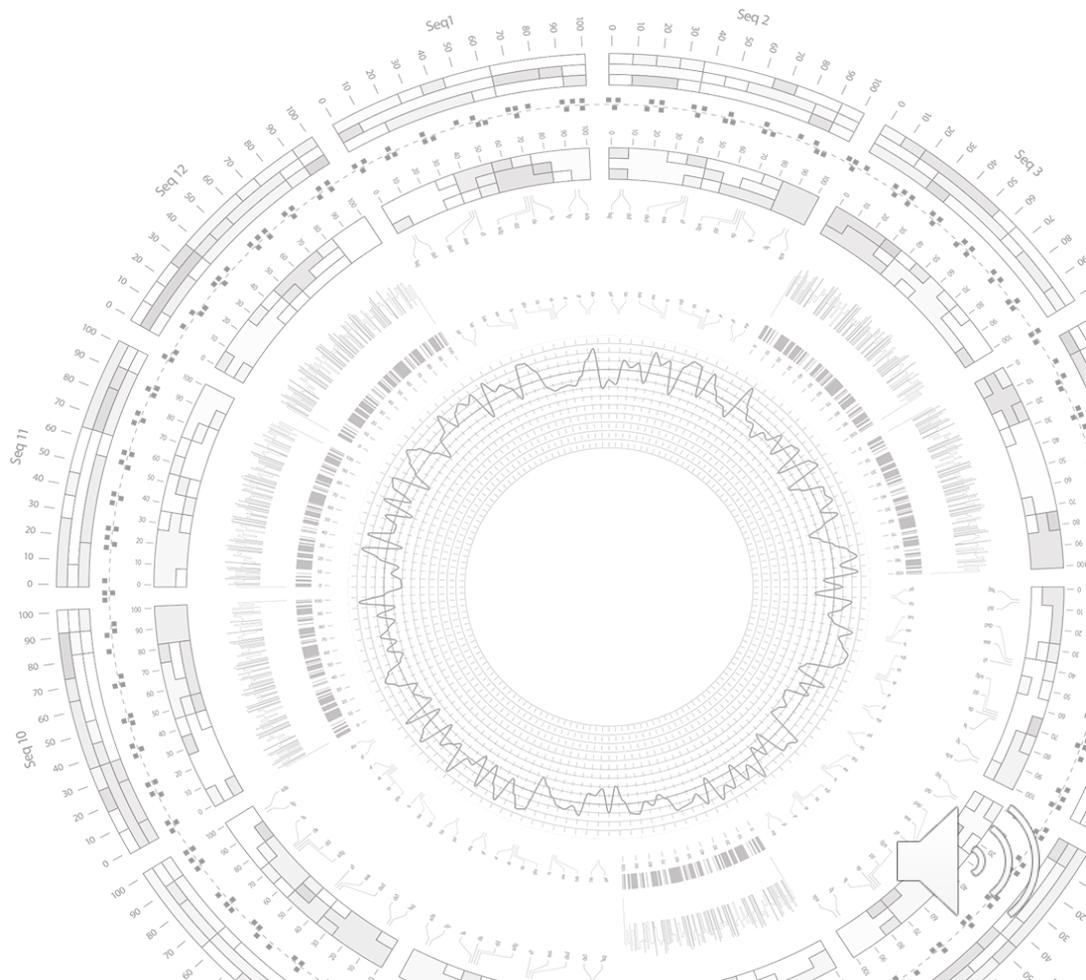
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## Questions and comments

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## Search Terminologies

### Tobacco products:

- "tobacco" OR "smoke\*" OR "cigar\*" OR "e-cigarette\*" OR "electronic cigarette\*" OR "electronic nicotine delivery\*" OR "electronic nicotine device\*" OR "vape" OR "vaping" OR "e-liquid" OR "hookah" OR "water pipe" OR "nicotine pouch\*" OR "smokeless tobacco" OR "snus" OR "snuff" OR "loose leaf" OR "dissolvable tobacco"

### Methods:

- "choice experiment\*" OR "DCE" OR "conjoint analys\*" OR "VCE" OR "best-worst" OR "worst-best" OR "BWS" OR "maximum difference" OR "maxdiff" OR "max diff" OR "stated preference" OR "preference-based" OR "ngene" OR "sawtooth" OR "pairwise choice\*" OR "pairwise comparison" OR "contingent valuation" OR "experimental tobacco marketplace" or "experimental marketplace"

We search (Tobacco products) AND (Methods)

Additionally, we examined articles that cited one prior literature review on DCE in tobacco control .

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## Methods – Five Aspects of Information

- Study characteristics:
  - Study type, tobacco product, and year of publication
- Sampling and survey characteristics:
  - Sample size, sample size justified, country, age, type of sample, and administration.
- Experimental methodology characteristics:
  - The number of tasks per person, total number of tasks, the number of alternatives, the number of attributes, the maximum number of attribute levels, attributes, use of blocking (DCE specific), opt-out option, status quo,
  - Using qualitative methods, type of qualitative methods, rationale using qualitative methods, design features (DCE and BWS specific, including design plan, design software, type of design), analysis model, analysis software, assess heterogeneity, outcome measure, and external validity tested.
- Assessment of study quality and policy relevance:
  - PREFS scores, subjective quality scores, policy relevant scores, policy statement, and FDA research priority.

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